

*Curriculum vitae*



**NAME** **REZA AFSHARI** (Male)

**Degrees**

M.D. (MUMS, IRAN, Natural Toxicity, 1996)  
M.PH. (TUMS, IRAN, Toxo-Epidemiology, 2001)  
Certified for MSc of Epidemiology (University of Edinburgh, UK, 2002)  
Ph.D. (University of Edinburgh, UK, Cardiovascular Toxicity of opioids, 2005)

**CURRENT POSITIONS**

**LOCAL**

Associate Professor and & Consultant Physician of Clinical Toxicology

<http://www.mums.ac.ir/medical/fa/DrAfshari>

Head; Imam Reza (p) Rehabilitation Centre

[http://www.mums.ac.ir/emamreza/fa/IM\\_RC](http://www.mums.ac.ir/emamreza/fa/IM_RC)

Board Member of Medical Toxicology Research Centre

<http://www.mums.ac.ir/mtrc/fa/Faculty>

Board Member; Iranian Association of Toxicology & Poisoning (IRANTOX)

<http://www.irantox.org/board/exec.asp>

President Addiction Research Center [http://www. ADRC@mums.ac.ir](http://www.ADRC@mums.ac.ir)

**INTERNATIONAL**

Board Member; Asian Pacific Association of Medical Toxicology

Immediate Past President; Asia Pacific Association of Medical Toxicology

[http://www.asiattox.org/board\\_members.htm](http://www.asiattox.org/board_members.htm)

Member of European Association of Poison Centres and Clinical Toxicologists (EAPCCT)

Young Affiliate of the Academy of Sciences for the Developing World (TAS)

Member of the Foodborne Epidemiology Reference Group (FERG) and Temporary Advisor to World Health Organisation (WHO)

[http://www.who.int/foodsafety/foodborne\\_disease/afshari/en/](http://www.who.int/foodsafety/foodborne_disease/afshari/en/)

**INTERNATIONAL AWARDS** Young Affiliate of TWAS-2007 in Biology/Medicine,  
Trieste, Italy (Academy of Science for the Developing World)

**DATE OF BIRTH** 21 March 1969

**NATIONALITY** Iranian (Persian)

**MARITAL STATUS** Married (one daughter)

**LANGUAGES** Persian & English

**ADDRESS**

Mashhad University of Medical Sciences  
Medical Toxicology Research Centre,  
Ibn-e-Sina street, Imam Reza (p) Hospital  
Mashhad, 913 791 3316, Iran  
☐ +98 511 7683925 (English)  
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Email: [AfshariR@mums.ac.ir](mailto:AfshariR@mums.ac.ir) [Afsharireza@yahoo.com](mailto:Afsharireza@yahoo.com)

Website <http://www.mums.ac.ir/medical/fa/DrAfshari>

## EDUCATIONS AND QUALIFICATIONS

DATE	SCHOOL, UNIVERSITY OR COLLEGE	LOCATION
02.1987 - 05.1995	Mashhad University of Medical Sciences (MUMS) <i>Professional Doctoral Courses in General Medicine, Medical Doctor (M.D.).</i> Thesis Topic: Spider bite in North East Iran (Natural Toxicity)	Mashhad, Iran
09.1999 - 06.2001	Tehran University of Medical sciences <i>Master of Public Health (M.P.H) (part time)</i> Thesis Topic: Epidemiology of intoxicated patients in north-east of Iran, a 10 years report	Tehran, Iran
07.2001- 03.2002	The University of Edinburgh <i>Completed coursework and exams for M.Sc. in Epidemiology (7 modules) certification.</i> Main interest: Race and Ethnicity	Edinburgh, UK
04.2002 - 04.2005	The University of Edinburgh <i>Doctor of Philosophy (Ph.D.) in Clinical Toxicology, September 2005.</i> Thesis topics: The cardiovascular effects of opioid analgesics: Studies on the role of opioid and non-opioid receptors in man	Edinburgh, UK
۱۰,۰۱,۲۰۰۹ to date	Shahid-Beheshti University of Medical Sciences Master of Science in Medical Education (MSc, Expected by the end of 2010)	Tehran, Iran

### Statistical & Research experiences

I have passed almost all possible related MSc courses in Iran and UK (Quantitative and Qualitative Research Methods, Advances Epidemiology and statistics, Statistical Methods for Epidemiology, and Survey Measurement). I have previously used , in published or unpublished documents, Cox regression (to introduce a prognostic index), Parametric analysis (ANOVA and Post Hoc tests (Bonfesroni, Tukey's b)), univariate & multivariate General Linear models, Linear Regression, Binary Logistic Regression, Discriminant Analysis, Non Parametric Analysis (Chi-square, K-S test, Mann Whitney U, McNemar , Wilcoxon), survival analysis (Kaplan Meier and Cox regression), sensitivity, specificity, PPV, NPV and ROC curves, & complex calculation with transforming of data.

### Extra courses

I am certified for advanced management courses TQM (Total Quality Management) and CQI (Continuous Quality Improvement), via Ministry of Health and Medical Education, Iran

### GMC-UK STATUS

**I held a Limited registration with GMC-UK in the Speciality of Clinical Toxicology. I have also been sponsored by Royal College of Physicians (E), UK for Special Training for 18 months.**

## POSITIONS HELD

01. 05.2006 to date      Mashhad University of Medical Sciences      Mashhad, Iran  
Head of the Research & Education Development Department, Medical Faculty
11. 06.2006 to date      Mashhad University of Medical Sciences      Mashhad, Iran  
*Speaker of the Education Council, Medical Faculty, Medical Faculty*
12. 04.2005 to      Mashhad University of Medical Sciences      Mashhad, Iran  
10.2008  
Research Deputy of Internal Department, Mashhad University of Medical sciences
17. 05.2005 to date      Mashhad University of Medical Sciences      Mashhad, Iran  
*Member of the Research Council, Medical Faculty , Mashhad University of Medical sciences*
01. 10.2005 to date      Mashhad University of Medical Sciences      Mashhad, Iran  
Assistant Professor of Medial Toxicology (Consultant Physician)
- 04.2002- 09.2005      The University of Edinburgh      Edinburgh, UK  
*Clinical Fellowship in Clinical Pharmacology and Clinical Toxicology*
- 05.2000 - 05.2001      Mashhad University of Medical Sciences (MUMS)      Khorasan, Iran  
*Biostatistician and Head of Research & Medical Statistics Division of Khorasan Province Health Board, Iran (Population of 5 million at the time)*
- 04.1997 - 04.2000      Mashhad University of Medical Sciences (MUMS),      Nyshabur,  
Khorasan Province Health Board, Nyshabur City Health      Khorasan, Iran  
Board  
*Health Director of Nyshabur City Health Board (Population of around 5 hundred thousands)*
- 08.1996 - 04.1997      Khorasan Province Health Board, Nyshabur City Health      Nyshabur,  
Board, Epidemiology Division      Khorasan, Iran  
*Epidemiologist GP of the Nyshabur City (Population of around 5 hundred thousands)*
- 06.1995 - 08.1996      Khorasan Province Health Board, Nyshabur City Health      Nyshabur,  
Board, Chakaneh, Raeesi, 8-urban clinics      Khorasan, Iran  
*General Practitioner in Rural and Urban Clinics (Chakaneh, Raeesi, U-8) (Population of around 10 thousands)*
- 07.1993 – 05.1995      Mashhad University of Medical Sciences (MUMS), Imam      Mashhad, Iran  
Reza University Hospital  
*Internship in Imam Reza University Hospital for 18 months*
- 06.1995–05.1999      Mashhad University of Medical Sciences (MUMS), Imam      Mashhad, Iran  
Reza University Hospital  
*Medical Toxicologist, Part time*

## TEACHING EXPERINCES

7. Short Toxicological Course (2 weeks) to accredit the applicants for Opioid Maintenance Therapy and Rehabilitation Centres for General Practitioners and Psychologists, Mashhad University of Medical Sciences, Iran, 2007 to date (more than 100 centres have already been accredited).
6. Short Toxicological Course (1 week) for Rehabilitation MPH students, Mashhad University of Medical Sciences, Iran, 2008 to date (4 applicants have been graduated).
5. Clinical Training of Residents (SpRs) of Internal Medicines in Clinical Toxicology Ward, Mashhad University of Medical Sciences, Iran, 2005 to date.
4. Clinical Training of Interns (SHOs) of Internal Medicine in Clinical Toxicology Ward, Mashhad University of Medical Sciences, Iran, 2005 to date.
3. Theory Teaching of Externs of Mashhad University of Medical Sciences, in Clinical Toxicology, 2005 to date.
2. Short courses of Emergency Medicine in the Field of Clinical Toxicology, Basij, Mashhad University of Medical sciences, 2006
1. Medical Terminology, Medical Students, Mashhad University of Medical sciences, 2006

## EDITORIAL EXPERIENCE

1. Editor in Chief, Monthly Journal of Education and Research Department (2009) [No longer published]
2. Member of Editorial Board, Iranain Journal of Medical Basic Sciences (2007 to date).
3. Reviewer of Emerging Health Threats Journal (2008 to date)
4. Board Member of Behvarz Health Journal (2000 – 2001) (Persian)
5. Founder and Editor in Chief, Payam Avaran Health Journal (1998) [No longer published] (Persian)
6. Editor in Chief; Asia Pacific Association of Medical Toxicology
7. Editor in Chief; Future of Medical Education Journal
8. Editor in Chief; Mashhad Medical Council Journal

## LIST OF PUBLICATIONS

### Personal Research Impact 6 (2009) with 56 Citations (scopus.com)

#### 1. Books

#### کتابها

1. Rajabi M, Afshari R, Mesri M. applied summery of drugs interaction. 2013, NC; 2788594, PP 376 [Persian].  
(ملی ۲۷۸۸۵۹۴، شابک ۹۷۸-۶۰۰-۵۸۰۵-۹۷-۰. شماره کتاب شناسی )
2. **Afshari R**, Monzavi SM, Clinical Toxicology and poisoning Emergency Care, 2013, NC; 2646424, PP 168[Fifth Edition].  
(رضا افشاری، سید مصطفی منزوی، سم شناسی بالینی و درمان اورژانسهای مسمومین افشاری. شماره کتاب شناسی ملی 2646424، شابک ۹۷۸-۹۶۴-۰۵۹۴-۴۷-۷)

3. **Afshari R**, Monzavi SM, Clinical Toxicology and poisoning Emergency Care, 2012, NC; 2646424, PP 168[Fourth Edition].  
(رضا افشاری، سید مصطفی منزوی، سم شناسی بالینی و درمان اورژانسهای مسمومین افشاری. شماره کتاب شناسی ملی 2646424، شابک ۹۷۸-۹۶۴-۰۹۴۴-۴۷-۷)
  4. **Afshari R**, Monzavi SM, Clinical Toxicology and poisoning Emergency Care, 2012, NC; 2646424, PP 168[Third Edition].  
(رضا افشاری، سید مصطفی منزوی، سم شناسی بالینی و درمان اورژانسهای مسمومین افشاری. شماره کتاب شناسی ملی 2646424، شابک ۹۷۸-۹۶۴-۰۹۴۴-۴۷-۷)
  5. Education and Health in Shahnameh (National Epic of Iran), 2012, NC; 273684, PP 249 [Persian].  
(رضا افشاری، محمد جعفر یاحقی، آموزش پزشکی بر اساس شاهنامه- نیک آموز پزشکی. شماره کتاب شناسی ملی ۲۷۳۶۸۴، شابک ۹۷۸-۶۰۰-۶۳۳۱-۹۴۰-۹)
  6. **Afshari R**, Monzavi SM, Patient Management in Triage and Medical Toxicology Ward. Mashad University of Medical Sciences, 2010, NC; 1853313, PP 252 [First Edition- Reprint].
  7. **Afshari R**, Sar Abadani J, GHazvini K, Karimi Monghi H, Akbari M, Moein Taghavi A, Hashemi SE, Foroghi Pour M, Mousavi SR, Ebrahimi puor H, Taghizadeh A, Makarem A, Jafariyan AH, Mirfeizi Z, Amini M, Emadzadeh A, Gholami H, student educational evaluation medical, 2011, NC: 2638363, PP 156 [Persian].
- (رضا افشاری، جواد سرآبادانی، کیارش قزوینی، حسین کریمی موقی، مجید اکبری، امیر معین تقوی، سید اسحاق هاشمی، محسن فروغی پور، سید رضا موسوی، حسین ابراهیمی پور، علی تقی زاده، عباس مکارم، امیر حسین جعفریان، سیده زهرا میر فیضی، مهناز امینی، علی عماد زاده، حسن غلامی، ارزشیابی آموزشی دانشجو در علوم پزشکی. شماره کتاب شناسی ملی ۲۶۳۸۳۶۳، شابک ۹۷۸-۶۰۰-۶۳۳۱-۱۸-۸)
8. **Afshari R**, Monzavi SM, Patient Management in Triage and Medical Toxicology Ward. Mashad University of Medical Sciences, 2011, NC; 1853313, PP 356 [Second Edition].
  9. **Afshari R**, Pishbin E, Taghian E, Parvaneh R, Jafari J, Jafar nezhad M, Ghorbanzadeh HR, Educational health medical center. 978-964-5944-90-0, PP 114 [Persian] 2011.  
(رضا افشاری، الهام پیش بین، احسان تقیان، رضا پروانه، جواد جعفری، مجید جعفر نژاد، حمید رضا قربان زاده. کتابچه مرکز بهداشتی درمانی آموزش. شماره کتاب شناسی ملی ۳۳۹۳۱۳۲، شابک ۹۷۸-۹۶۴-۰۹۴۴-۹۰-۰)
  10. **Afshari R**, Monzavi SM, Patient Management in Triage and Medical Toxicology Ward. Mashad University of Medical Sciences, 2008, NC; 1853313, PP 252 [First Edition].  
(رضا افشاری، سید مصطفی منزوی، مدیریت بیماران در اورژانس و بخش مسمومین، دانشگاه علوم پزشکی و خدمات بهداشتی درمانی مشهد، شناسه ملی ۱۸۵۳۳۱۳، ۱۳۸۸، ۲۵۲ صص)
  11. Mahhamdi A, Mojtahed Zadeh R, Comparative evaluation and ranking of Iranian Medical Schools, Third National ranking, Ministry of Health and Medical Education, 978-964-04-1615-0 (Afshari R, MUMS representative), 2008, PP 144 [Persian] Book Chapters  
(آیین محمدی، ریثا مجتهدزاده، ارزیابی مقایسه ای و معرفی الگوهای برتر دانشکده های پزشکی ایران، نوبت سوم رتبه بندی، وزارت بهداشت، درمان و آموزش پزشکی ایران، شابک ۹۷۸-۹۶۴-۰۴-۱۶۱۵-۰ (رضا افشاری، نماینده دانشکده پزشکی مشهد)، ۱۳۸۸، ۱۴۴ صص)
  12. Rajabi MT, **Afshari R**, Iranian experience on assessing quality in medical education; In: Assessing Quality in Higher Education, Pakistan, 2007 [English].

## 2. Book Chapters

1. Rajabi MT, Afshari R, Iranian experience on assessing quality in medical education; In: Assessing Quality in Higher Education, Pakistan, 2007 [English].

## 2. Booklets

1. Jalali F, **Afshari R**, What you should know about Methadone Therapy, 2014, PP111, Sixth edition. [Persian].  
(فرزاد جلالی، رضا افشاری، آنچه شما در مورد درمان با متادون باید بدانید، شابک ۹۷۸-۶۰۰-۶۵۹۵-۲۵-۲، ۱۳۹۲، ۱۱۰ ص)
2. Jalali F, **Afshari R**, What you should know about Methadone Therapy, 978-600-6595-25-2, 2014, PP110, Fifth edition. [Persian].  
(فرزاد جلالی، رضا افشاری، آنچه شما در مورد درمان با متادون باید بدانید، شابک ۹۷۸-۶۰۰-۶۵۹۵-۲۵-۲، ۱۳۹۳، ۱۱۰ ص)
3. Jalali F, **Afshari R**, What you should know about Methadone Therapy, 2014, PP110, Fourth edition. [Persian].  
(فرزاد جلالی، رضا افشاری، آنچه شما در مورد درمان با متادون باید بدانید، شابک ۹۷۸-۶۰۰-۶۵۹۵-۲۵-۲، ۱۳۹۳، ۱۱۰ ص)
4. Jalali F, **Afshari R**, What you should know about Methadone Therapy, 2014, PP110, Third edition. [Persian].  
(فرزاد جلالی، رضا افشاری، آنچه شما در مورد درمان با متادون باید بدانید، شابک ۹۷۸-۶۰۰-۶۵۹۵-۲۵-۲، ۱۳۹۲، ۱۱۰ ص)
5. Jalali F, **Afshari R**, What you should know about Methadone Therapy, 2013, PP110, second edition. [Persian].  
(فرزاد جلالی، رضا افشاری، آنچه شما در مورد درمان با متادون باید بدانید، شابک ۹۷۸-۶۰۰-۶۵۹۵-۲۵-۲، ۱۳۹۲، ۱۱۰ ص)
6. Jalali F, **Afshari R**, What you should know about Methadone Therapy, 2013, PP110, first edition. [Persian].  
(فرزاد جلالی، رضا افشاری، آنچه شما در مورد درمان با متادون باید بدانید، شابک ۹۷۸-۶۰۰-۶۵۹۵-۲۵-۲، ۱۳۹۲، ۱۱۰ ص)
7. Rajabi MT, **Afshari R**, Saberi fard I, Annual Report of School of Medicine, Mashhad University of Medical Sciences, 2009, PP 53 [Persian].
7. Evaluation of education in Medical Sciences. Mashhad University of Medical Sciences Publishing Group, Iran. ISBN 978-600-633-18-8. 2011. PP 154. [Persian]
8. Rajabi MT, **Afshari R**, Saberi fard I, MUMS's report of Third National Ranking of Iranian Medical Faculties, Mashhad University of Medical Sciences, 2009, PP 32 [Persian].
9. **Afshari R**, Lary M, Triennial Report of the Department of Education and Research Development School of Medicine, Mashhad University of Medical Sciences, 2009 Booklet, PP 48 [Persian].
10. **Afshari R**, Introduce the activities of the Mashhad medical education development center, 103,  
(رضا افشاری. کتابچه معرفی فعالیت های مرکز مطالعات توسعه آموزش علوم پزشکی مشهد، ۱۰۳ ص)

11. Rajabi MT, **Afshari R**, Saberi fard I, Peikani T, Report of Need Assessment and Recruitment of Teaching Board, School of Medicine, Mashhad University of Medical Sciences, 2008, PP 84 [Persian].

12. Rajabi MT, Saberi fard I, KhajaviRad A, Moosavi SM, **Afshari R**, Reza zadeh N, Azimi A, Peikani T, Report of Need assessment and Recruitment of Teaching Board, School of Medicine, Mashhad University of Medical Sciences, 2007, PP 74 [Persian].

13. **Afshari R**, Introduce the activities of the Mashhad medical education development center, 103.

(رضا افشاری. کتابچه معرفی فعالیت های مرکز مطالعات توسعه آموزش علوم پزشکی مشهد، ۱۰۳ ص)

14. Rajabi MT, **Afshari R**, Saberi fard I, Peikani T, Report of Need Assessment and Recruitment of Teaching Board, School of Medicine, Mashhad University of Medical Sciences, 2008, PP 84 [Persian].

## 15. Personal Theses

3. **Afshari R**, The cardiovascular effects of opioid analgesics: Studies on the role of opioid and non-opioid receptors in man, Ph.D. Thesis, University of Edinburgh, Edinburgh, UK, 2005 [English].

2. **Afshari R**, Epidemiological pattern of intoxicated patients in north east of Iran, a 10 years descriptive study, M.P.H Thesis, Tehran University of Medical sciences, Mashhad, Iran, 2001 [Persian].

1. **Afshari R**, Poisonous spiders and spider bite in north east of Iran, M.D. Thesis, Mashhad University of Medical sciences, Mashhad, Iran, 1995 [Persian].

## 1. ISI Articles

87. Assadi R, Afshari R. Suicidal Attempt With Intentional Poisoning Seems a Comorbid Illness With an Increased Burden. *International Journal of High Risk Behaviors and Addiction*: 5(1): Mar 2016

85. **Afshari R**, Bhopal RS .Iran, sanctions, and collaborations. *Lancet* (London,England) 2016;387(10023):1055-1056

84. Dadpour B, Mokhtarpour M, Abdollahi M, **Afshari R**. An outbreak of aluminium phosphide poisoning in Mashhad, Iran. *Arhiv za higijenu rada i toksikologiju*: 67(1): 2016, 65-66

83. Khadem-Rezaiyan M, **Afshari R** ,Carbon monoxide poisoning in Northeast of Iran, *Journal of Forensic and Legal Medicine*, Volume 41, July 2016, Pages 1–4

82. AsadiR, **AfshariR**, DadpourB. The measurement of disability weights for 18 prevalent acute poisoning conditions. *Hum Exp Toxicol*. 2015 Dec 11. [Epub ahead of print]

81. Assadi R, **Afshari R**. Suicidal Attempt With Intentional Poisoning Seems a Comorbid Illness With an Increased Burden. *Int J High Risk Behav Addict*. 2016 March 5(1).
80. Herman Gibb, Brecht Devleesschauwer, P Michael Bolger, Felicia Wu, Janine Ezendam, Julie Cliff, Marco Zeilmaker, Philippe Verger, John Pitt, Janis Baines, Gabriel Adegoke, Afshari R, Yan Liu, Bas Bokkers, Henk van Loveren, Marcel Mengelers, Esther Brandon, Arie H Havelaar, David Bellinger. World Health Organization estimates of the global and regional disease burden of four foodborne chemical toxins, 2010: a data synthesis [version 1; referees: awaiting peer review] *F1000Research* 2015, 4:1393
79. Jalali F, Afshari R, Babaei A, Abasspour H, Vahedian, Shahroodi M. Comparing Motivational Interviewing Based Treatment and its combination with Nicotine Replacement Therapy on smoking cessation in prisoners: a randomized controlled clinical trial. *Electronic Physician*, Oct 2015 7(6) 1318-1324
78. Khatibi-Moghadam H, Khadem-Rezaiyan M, Afshari R. Comparison of serum and urine lead levels in opium addicts with healthy control group, *Hum Exp Toxicol*. 2015 Oct 19 [Epub ahead of print]
77. Taheri M, Mehrzad J, Gharaie MHM, **Afshari R**, Dadsetan A, Hami S. High soil and groundwater arsenic levels induce high body arsenic loads, health risk an potential anemia for inhabitants of northeastern Iran. *Environmental geochemistry and health*.2015:1(14):
76. **Afshari R**, Zavar A, Alidoust M, Pourandi R. Knowledge and Attitude of Health Network Staff towards Illegal Drug Use. *Addiction and Health*.2015:7(1-2): 96-98
75. Karimani A, Afshari R. Consideration for Drug Smuggling/Trafficking. *International Journal of Forensic Science & Pathology (IJFP)*. 2015: 3 (7): 142-143
74. Akbari M, **Afshari R**, Sharif M, Hashemy SI, Majidinia S. Evaluation of the Effect of Diacetyl Morphine on Salivary Factors and their Changes after Methadone Therapy. *J Contemp Dent Pract*. 2014 Nov 1:15(6):730-734.
73. Nikpour Sh, Yazdanpanah MJ, **Afshari R**, Maleki M, Ghayour-Mobarhan M, Shakeri MT, Maghami Z, Sadrneshin M, Seidi Z. Evaluation of blood and urinary mercury in pemphigus vulgaris and pemphigus foliaceus patients and its comparison with control group, *Indian Journal of Dermatology, Venereology and Leprology*. 2015: 81 (2): p. 225
72. Monzavi SM, Salarian AA, Khoshdel, Dadpour B, **Afshari R**, Effectiveness of A Clinical Protocol Implemented To Standardize Snakebite Management In Iran: Initial Evaluation. *Wilderness & environment talmecine* .2015 Jun:26(2):115-23.
73. Samarghandian S, Azimi-Nezhad M, **Afshari R**, Farkhondeh T, Karimnezhad F. Effects of Buprenorphine on Balance of Oxidant/Antioxidant System in the Different Ages of Male Rat Liver. *J Biochem Molecular Toxicology*. June 2015:29 (6): 249–253
70. Boostani R, Mellat A, **Afshari R**, Derakhshan S, Saeedi M, Rafeemanesh E, Mellat M. Delayed Polyneuropathy in Farm Sprayers Due to Chronic Low Dose Pesticide Exposure. *Iran Red Crescent Med J*. May 2014:16(5): e5072



69. Khadivi E, Nahid K, **Afshari R**, Ziaolhagh R. Black spotted larynx, a finding in patients addicted to inhalational opium. *European Archives of Oto-Rhino-Laryngology*. Eur Arch Otorhinolaryngol. 2014 Jun; 271(6).
68. Bagheri Lankarani K, **Afshari R**. Alcohol consumption in Iran. *The Lancet*.2014;384(9958): 1927-1928
67. Samarghandian S, **AfshariR**, FarkhondehT. Effect of long-term treatment of morphine on enzymes, oxidative stress indices and antioxidant status in male rat liver. *Int J Clin Exp Med* 2014;7(5):1449-1453.
66. Mohammadnabizadeh S, Pourkhabbaz A, **Afshari R**. Analysis and Determination of Trace Metals ( Nickel, Cadmium, Chromium, and Lead) in Tissues of Pampus argenteus and Platycephalus indicus in the Hara Reserve, Iran. Hindawi Publishing Corporation *Journal of Toxicology*. 2014;2014(2014): 6 pages
65. **Afshari R**, Nomani H, Riyahi zaniani F, Nabavinia M, Mirbagheri Z, Meshkat M, Gerayli S, Rostami S, Meshkat Z. Genotype distribution of hepatitis C virus in Khorasan Razavi Province, Iran. *Turkish Journal of Medical Sciences*. 2014; 44 (4): 656-660.
64. Samarghandian S, **Afshari R**, Sadati A. Evaluation of lung and bronchoalveolar lavage fluid oxidative stress indices for assessing the preventing effects of safranal on respiratory distress in diabetic rats. *ScientificWorld Journal*. 2014 Feb 20;2014(2014): 6 pages
63. Jalali F, **Afshari R**, Babaei A. Smoking Crushed Hyoscine/Scopolamine Tablets as Drug Abuse. *Subst Use Misuse*. June 2014;49(7):793-797.
62. Khosrojerdi H, Monzavi SM, **Afshari R**. Blood products used in exchange transfusion should also be screened for opioids. *J Pak Med Assoc*. 2014 Mar; 64(3):363- 363
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#### European Association of Poisons Centres and Clinical Toxicologists (EAPCCT)

- 2003 (Rome, Italy, XXIV, 1 Poster)
- 2004 (Strasbourg, France, XXIV, 1 oral and 1 poster)
- 2005 (Berlin, Germany, XXV, 1 Oral)
- 2006 (Prague, Czech Republic, XXVI, 3 Posters)
- 2007 (Athens, Greece, XXVII, 1 oral and 7 posters) (Nominated for the best presentation)
- 2008 (Seville, Spain, XXVIII, 1 oral 1 Poster) (Nominated for the best Poster)

#### Asian Pacific Association of Medical Toxicologists (APAMT)

- 1997 (1<sup>st</sup> APAMT, Tehran, Iran, 27-30 Sep, 1 oral & 1 poster)
- 2006 (Colombo, Sri Lanka, V, 1 Oral & 2 Posters)
- 2007 (Bangkok, Thailand, VI, 1 Oral & 2 Posters) elected as a Board Member of Asian Pacific Association of Medical Toxicology (APAMT)
- 2008 (Chandigarh, India, VII, 8 Posters) [Board Member]. Scientific committee, Organising committee
- 2009 (Beijing, China, VIII, 1 talk 8 posters) ) [Board Member], Scientific committee, Organising committee

#### Iranian Congress of Toxicology and Poisoning

- 1995 (4<sup>th</sup> ICTP, Tehran (SBTUMS), Iran Oct, 1 oral & 1 poster)
- 1997 (5<sup>th</sup> ICTP, Tehran (TUMS), Iran Sep 27-30, 1 poster)
- 2007 (9<sup>th</sup> ICTP, Shiraz, Iran, May 15-17, 6 posters)
- 2009 (10<sup>th</sup> ICTP, Tehran, Iran, May 18-20, 2 orals and 5 posters), Invited as a member of Scientific Committee and chairman of chemical and biologic environmental, accidents and terrorism in toxicology. Elected as a Board Member

#### British Pharmacology Society

- 2004 (Newcastle, UK, 1 Oral)

#### Chemical, Biological, Medical Treatment Symposium (CBMTS)

- 2006 (Spiez, Switzerland, 1 oral)

#### The First International China Biopharmaceutical Symposium (ICBPS)

- 2006 (Beijing, China. December 7 – 11 In press, 1 oral)

#### First International Congress of Assessing Quality in Higher Education

- 2006 (Lahore, Pakistan, December 5-7, 1 oral)

#### Academy of Science for the Developing World (TWAS)

- 2007 (Trieste, Italy, 12-14 November 2007)
- 2008 (Mexico city, Mexico, 08-12 November 2007)

#### World Health Organisation (WHO-FERG)

- 2007 (Geneva-Switzerland, 21-24 November 2007)
- 2008 (Geneva-Switzerland, 17-22 November 2008)
- 2009 (Geneva-Switzerland, 14-16 November 2008)-Chemical Task Force
- 2009 (Geneva-Switzerland, 26-30 November 2008)

- 2008 (Tianjin, China, September 2008) (Invited by Inter Academy Panel / Academy of Sciences for the developing World, as a Young Scientist.

Also 3 talks were presented in Western General Hospital (Edinburgh, UK) as weekly meeting of the Clinical Research Centre and 3 talks were given in the Royal infirmary of Edinburgh (UK).

### List of Participation in National or Local Congresses

1. R. Afshari, Illicit overdoses, Regional Physicians Continues Education Programme, Shiraz University of Medical Sciences, Shiraz, 2005.
2. R. Afshari, New Illicit drugs, Mashhad University of Medical sciences, Imam Reza Hospital, Mashhad, 2006.
3. R. Afshari, Illicit overdoses (advanced), Regional Physicians Continues Education Programme, Shiraz University of Medical Sciences, Shiraz, 2006.
4. R. Afshari, Regional Prisons' Physicians Continues Education Programme, Opioid Toxicity, Mashhad, 2006
5. R. Afshari, Tehran, Carbon Monoxide Poisoning, National Physicians Continues Education Program, 2006
6. R. Afshari, Tehran, Opioid Toxicity, National Physicians Continues Education Program, 2006,
7. R. Afshari, Unknown poisoning, Internal Department Monthly Case Report, Imam Reza (p) Hospital, Mashhad, 12 July 2006.
8. R. Afshari, R, First National congress of Deans of Medical Schools, Isfahan University of Medical sciences, Iran (28-30 May 2007)
9. R. Afshari, Oil industry Medical Education Khoedad
10. R. Afshari, Sedative Poisoning. Tehran Iran, 9<sup>th</sup> National Congress of General Practitioners, 3-7 Mordad, 1386, (Invited by Iranian Medical Council, Dr. A.A. Peivandi, 26961, 20.04.86)
11. R. Afshari, First international conference of deans of medical faculties of Islamic countries (CDMIC), Kish Island, Iran, 28 May to 01 June 2007.
12. R. Afshari, Common Poisoning (Opioid Poisoning, Herbal Poisoning), Bojnord, Iran, Common Poisoning, 3-7 Mordad, 1386, (Invited by Iranian Medical Council, Dr. A.A. Peivandi, 45/89, 19.04.86).
13. Continuous Education of Iranian Toxicology Society, Tehran, Iran, 05.03.07 [Invitation the director of Iranian Toxicology Society, S/83/476; 07.04.86] (Oral Cannabis illicit abuse).
14. Continuous Education of Iranian Toxicology Society, Tehran, Iran, 05.03.07 [Invitation of the director of Iranian Toxicology Society, S/83/476; 07.04.86] (Oral Illicit drugs in Sport).
15. 4<sup>th</sup> Regional [Fars Province] Congress of Addiction and Drug of Abuse, May 01-03 2009, Shiraz, Iran (6 workshops).
16. 10<sup>th</sup> National [Iranian] Congress of Medical Education, 04.05.2009-07.04.2009, Shiraz, Iran (3 posters).
17. 10<sup>th</sup> National [Iranian] Congress of Clinical /toxicology May 18-29 2009, Tehran, Iran (1 oral 4 posters).

I have presented many talks in Mashhad University of Medical Sciences in regard to Medical Toxicology and promotion of Medical Education and Research.

18. 12<sup>th</sup> National [Iranian] Congress of Clinical /toxicology 15-17 May 2013, sari, Iran .

19. 4<sup>th</sup> Annual Iranian International Congress of Forensic Medicine, February 26-28 2014, Tehran, Iran  
هیئت رئیسه

#### **AWARDS, RECOGNITIONS AND ACHIVEMENTS**

24. Establishment of a new course of multi-disciplinary Clinical Pharmacology and Therapeutics "How to write a prescription?" [Awarded as The Best Academic Suggestion of the Year by Mashhad University of Medical Sciences in 2009].
23. WHO Temporary Advisor [www.who.int/foodsafety/foodborne\\_disease/afshari](http://www.who.int/foodsafety/foodborne_disease/afshari)
22. Board Member of Asia Pacific Association of Medial Toxicology [www.asiattox.org](http://www.asiattox.org) (about us)
21. Letter of recognition for planning and co-operation in establishment of the first devoted medical toxicology hospital in Shiraz-Shooshtary Teaching Hospital- Iran (2006 to 2008).
20. Co-founder and Board Member of Medial Toxicology Research Centre (MTRC) in 2007. <http://www.mums.ac.ir/mtrc/fa/faculty>
19. Founder and Head of the Department of Research and Education Development in 2006. <http://www.mums.ac.ir/medical/fa/afshari2>
18. Letter of recognition for establishment of Short Toxicological Course (2 weeks) to accredit the applicants for Opioid Maintenance Therapy and Rehabilitation Centres for General Practitioners and Psychologists, MUMS, Iran.
17. Letter of recognition for Short Toxicological Course (1 week) for Rehabilitation MPH students, Mashhad University of Medical Sciences, Iran.
16. 2008 (Seville, Spain, XXVIII, 1 oral 1 Poster) (Just Nominated for the best Poster)
15. 2007 (Athens, Greece, XXVII, 1 oral and 7 posters) (Just Nominated for the best presentation)
14. I have been awarded Iranian National Grant for free Medical Education in 1987 (I achieved the national rank of 54 out of over 1,500,000 candidates). It also covered my MD in Natural Toxicity (Spider Bite).
13. I have been awarded the Iranian Ministry of Health & Medical Education Grant for doing an MPH degree in Toxo-epidemiology 1999.
12. I have been awarded the annual full grant of Iranian Ministry of Health and Medical Education for (£90,000) for a research program, which I used I used to do a PhD in a common problem in Iran; Clinical Toxicology and pharmacology of opioids, in the University of Edinburgh, UK.
11. As a Medical Postgraduate Student in clinical studies in the University of Edinburgh, I have received a grant from the Board of Senate of Medical Faculty for waiving the fees of around (£27,000) for clinical studies in 2003, 2004, and 2005.
10. I am partially involved in studying the Late Complication of Warfare Agents on Iranian Veterans during Iran-Iraq War; a joint work between the University of Newcastle, UK and Mashhad University of Medical Sciences, Iran. It is supported by Home Office, United Kingdom (£ 1,000,000), 2006.
9. I am partially involved in studying Lead Poisoning in Glazing Workers in Mashhad (£2000) from Mashhad University of Medical Sciences, Iran, 2005.
8. Haematological Indices of Aluminium Phosphate Induced Toxicity in Mice (£1.800) from Mashhad University of Medical Sciences, Iran, 2006.
7. Knowledge, Attitude & Practice of Medical Students Toward Using Opioids (£200) from Mashhad University of Medical Sciences, Iran, 2006.
6. Haemodynamic effects (BOMED) of opioids (£3,500) from Mashhad University of Medical Sciences, Iran, 2006.



5. Haemodynamic effects (SphygmoCor) of opioids (£3,500) from Mashhad University of Medical Sciences, Iran, 2006.
4. Defining Blood Indices in Persian Population, a Prospective Study of 5800 subjects, 2000 (as a part of a bigger study, nor sure of the share).
3. I have had a successful career of health management in Iran, and I have achieved 23 official letters of acknowledgment.
2. I have been awarded as the Young Affiliate of the Academy of Science for the Developing World (TWAS), (Trieste, Italy, 12-14 November 2007)
1. I have been elected as a Board Member of Asian Pacific Association of Medical Toxicology (APAMT), (Bangkok, Thailand, 2007)

## **MEMBERSHIPS**

7. World Health Organisation (WHO) Food borne Reference Group (2007 to date)
6. European Association of Poisons Centres and Clinical Toxicologists (EAPCCT) (2006 to date)
5. Asian Pacific Association of Medical Toxicology (APAMT), 2006
4. Iranian Association of Poisoning and Clinical Toxicology, 1996
3. Education and Research Board of Medical Faculty, Mashhad University of Medical Sciences, (2006)
2. Mashhad University of Medical Sciences Correspondence of National Ranking Medical Universities (2006)
1. Research Board of Medical Faculty, Mashhad University of Medical Sciences (2006)

## **EDITORIAL EXPERIENCE**

1. Editor-in-Chief, Nezam Pezeshki Journal (2013)
2. Editor-in-Chief, Asia Pacific Journal of Medical Toxicology(2012)
3. Editor-in-Chief, Future of Medical Education Journal(2011)
4. Editor in Chief, Monthly Journal of Education and Research Department (2009)
5. Member of Editorial Board, Iranain Journal of Medical Basic Sciences (2007 to date).
6. Reviewer of Emerging Health Threats Journal (2008 to date)
7. Board Member of Behvarz Health Journal (2000 – 2001) (Persian)
8. Founder and Editor in Chief, Payam Avaran Health Journal (1998) [No longer published] (Persian)

## **REFERERIES**

- Professor Balali-Mood M, Mashhad University of Medical Sciences, Imam Reza University Hospital, Ibn-e-Sina Street, Mashhad, 91735-348, Mashhad, Iran (MD Supervisor)
- Professor Majdzadeh R, Tehran University of Medical Sciences, Public Health Department, Tehran, Iran (MPH Supervisor)
- Professor Bhopal RS. Department of Community Health Sciences, Section of Public Health Sciences, University of Edinburgh, Edinburgh, UK (MSc Courses Supervisor)
- Professor Bateman DN, The University of Edinburgh, Royal Infirmary of Edinburgh, Scottish Poison Centre, Edinburgh, UK (PhD Supervisor)
- Clinical Senior Lecturer Maxwell SRJ, The University of Edinburgh, Royal Infirmary of Edinburgh, Clinical Pharmacology Unit, UK (PhD Supervisor)
- Associate Professor Rajabi MT, Mashhad University of Medical Sciences, Iran (Dean)

## **INTRESTS & HOBBIES**

- Playing Chess
- Oil-painting on Velvet
- Eastern and Western Philosophic Discussions